

Discipling Women

by Becky Hallman

What do I disciple a younger woman in?

1. Loving God:

- a. Encourage her to grow in her relationship with the Lord (example: *How to have a Quiet Time*)
- b. Help her to grow in her understanding of the Christian faith (example: *One to One Discipling*)

2. Loving Her Family:

Model, mentor, encourage her to grow in Christ-like character as a woman, wife, and mother.

Titus 2:3-5 is the guide for this!

Encourage her to:

- a. love her husband
- b. love her children
- c. be self-controlled
- d. be pure (eg. Modesty, etc)
- e. be busy and productive at home
- f. be kind
- g. be submitted to her husband

3. Loving Others:

- a. Encourage her to use her God-given gifts to serve others.
- b. Show her how to share her faith with unbelievers (example: Bridge Illustration)
- c. Teach her how to disciple a younger believer (process starts all over!)

How do I begin?

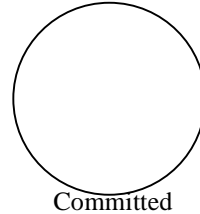
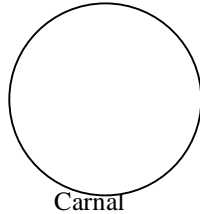
1. Pray “*Where is my woman?*” Listen to the Holy Spirit and wait for Him to guide you!
2. Offer to show a young believer how to have a Quiet Time.
3. After showing her how to have a Quiet Time, stay in touch with her on a weekly basis for 2-3 weeks so you can encourage each other, share what God is teaching you, etc. You could either phone each other or get together.
4. Keep praying and watch for the Holy Spirit’s guidance. Is this young woman hungry for more? If she’s hungry, offer to take her through the One to One, a 9 week book (or something similar). This will require some time and effort, but if she’s ready, she’ll do it! Impart the vision that she, too, will be able to help other women grow in their faith.
5. Get together and share your testimonies before beginning your discipleship book. You can make this even more delightful by having tea, coffee or a meal together.
6. Follow the guide for One to One Discipling. (*Guide is at back of book. Also, ask Becky for additional Discussion Guides*)
7. Along the way, encourage her to pray for someone she can show how to have a Quiet Time. Coach her through the process of showing someone else how to have a QT.
8. Ask her to serve in some way at church. It’s very healthy for growing disciples to use their gifts to serve the Body.
9. As you spend time together, God will give you opportunities to deal with life issues and grow in areas of loving family and others.
10. Towards the end of the One to One, encourage your young disciple to pray for someone she can disciple! Celebrate the completion of the book!
10. Help her get started in discipling! Have her read Born to Reproduce and discuss it together.
11. Helpful Resources: Born to Reproduce, Lost Art of Discipling, Discipling 101 (KBC)

How do I select a “disciple”?

First of all, you can show anyone how to have a Quiet Time! Their response in learning how to have a Quiet Time will be a good indicator of their readiness for discipleship.

1. **Pray** “Where is my woman?” The Holy Spirit will **guide** you.
2. Look for someone who has truly committed her life to Christ and is submitting to his **Lordship** in her life. Naturally, she won’t be perfect, but she’ll be making daily decisions that reflect that Christ is now ruling her life!

Caution! If you try to disciple a carnal Christian, you will grow weary and discouraged. You can be available to exhort this type of person on a casual basis, but consistent discipleship will be difficult as long as she has not settled the issue of Christ being the Lord of her life! Jesus never forced disciples to continue following Him. Read about disciples leaving in John 6:60-69; the cost of discipleship in Luke 14:25-35; and the Rich Ruler in Luke 18:18-30.



3. Look for *reliable* women! See 2 Tim. 2:2

F aithful: *Is she faithful in her QTs? In her commitments?*

A vailable: *Is she willing to make time for this?*

T eachable: *Does she apply God’s Word to her life?*

Does she respond to godly counsel?

Fruit: If your disciple is *faithful, available and teachable*, she will be qualified to teach others.